

Movement for Older Bodies: Community Education Rate Sheet

MMDG partners with community-based organizations to provide meaningful artistic experiences for all ages and experience levels, with and without disabilities and/or mobility concerns. We work with our partners to create a program/residency that meets their needs and aspirations to ensure all participants experience the joy and benefits of dance, movement, and music.

Please note that, as a cultural organization with a commitment to access, we are willing to discuss pricing on a case by case basis, given need.

Move and Flow

Single-class Occurrences:

Residencies that may last for several weeks, but in which class takes place without programming occurring directly before or after it on a respective day.

Program	Minimum # of Classes	Duration of Session	Number of Participants	Number of Weeks in Program	Price per class	Minimum Total Cost
Move & Flow Class with Live Music	5	45 min - 1 hr	10 to 40/class	5 weeks	\$323.40	\$1,617.00
Move & Flow Class with Recorded Music	5	45 min - 1 hr	10 to 40/class	5 weeks	\$231.20	\$1,156.00

Multi-class Occurrences:

Residencies that may last for several weeks in which class takes place with programming occurring directly before or after it on a respective day. All *Minimum Total Costs* have been calculated as though two (2) classes are occurring back to back. The maximum amount of class that can occur back to back is four (4).

Program	Minimum # of Classes	Duration of Session	Number of Participants	Number of Weeks in Program	Price per class	Minimum Total Cost
Move & Flow Class with Live Music	5	45 min - 1 hr	10 to 40/class	5 weeks	\$243.60	\$1,218.00
Move & Flow Class with Recorded Music	5	45 min - 1 hr	10 to 40/class	5 weeks	\$182.00	\$910.00



Restorative Movement

Single-class Occurrences:

Residencies that may last for several weeks, but in which class takes place without programming occurring directly before or after it on a respective day.

Program	Minimum # of Classes	Duration of Session	Number of Participants	Number of Weeks in Program	Price per class	Minimum Total Cost
Restorative Movement Class with Live Music	5	45 min - 1 hr	10 to 40/class	5 weeks	\$323.40	\$1,617.00
Restorative Movement Class with Recorded Music	5	45 min - 1 hr	10 to 40/class	5 weeks	\$231.20	\$1,156.00

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Information regarding field trips to the Mark Morris Dance Center in the form of Group Lessons can be found on our website at:

<https://markmorrisdancegroup.org/space-rental/group-visits/>