

# MARK MORRIS DANCE CENTER

## Adult Drop-in Classes

### Monday

9:00 - 10:00AM | Gaga/People  
9:00 - 10:00AM | Gyrokinesis  
10:00AM - 12:00PM | Advanced Ballet  
10:15 - 11:45AM | Cunningham (Open)

12:00 - 1:30PM | Beginner Modern  
7:00 - 8:15PM | Dance Church  
7:00 - 8:30PM | Beginner Ballet  
7:15 - 8:45PM | Open Level Jazz Funk  
7:15 - 8:45PM | Open Level Hip-Hop

---

### Tuesday

10:00 - 12:00PM | Advanced Ballet

12:00 - 1:30PM | Beginner Modern  
2:15 - 3:15PM | Move & Flow  
7:00 - 8:30PM | Intermediate Modern  
7:00 - 8:30PM | Intermediate Ballet  
7:00 - 8:30PM | Beginner Tap  
7:15 - 8:45PM | Beginner Jazz

---

### Wednesday

10:00 - 12:00PM | Advanced Ballet  
10:15 - 11:45AM | Cunningham (Open)

12:10 - 2:00PM | Contemporary: Simonson Technique  
6:30 - 8:00PM | Intermediate West African  
7:30 - 8:30PM | Gaga/People  
7:30 - 9:00PM | Intermediate Tap  
7:30 - 9:00PM | Beginner Hip-Hop

---

### Thursday

10:00 - 11:30AM | Beginner Ballet

6:15 - 7:15PM | Zumba  
7:00 - 8:30PM | Intermediate Ballet  
7:00 - 8:15PM | Dance Church  
7:15 - 8:45PM | Beginner Modern

---

### Friday

10:00 - 12:00PM | Advanced Ballet  
10:15 - 11:45AM | Cunningham (Open)

12:00 - 1:30PM | Beg. / Int. Broadway Jazz  
2:15 - 3:15PM | Restorative Movement  
7:00 - 8:30PM | Open Level West African

---

### Saturday

10:00 - 11:30AM | Beginner Ballet  
11:30 - 1:00PM | Hip-Hop Grooves

12:15 - 1:45PM | Beginner Contemporary  
1:00 - 2:30PM | Beginner Cunningham  
1:15 - 2:45PM | Samba & Afro-Brazilian  
3:00 - 5:00PM | Afro-Caribbean Dance & Movement